



Volume 85

Issue Ten

November 2025

An Injury to One is an Injury to All

The Official Publication of Branch 82

Portland, OR

Beaverton·Canby·Clackamas·Forest Grove·Gladstone·Happy Valley·Gresham·Hillsboro·Lake Oswego·McMinnville·Newberg·Oregon City·Portland·St. Helens·Troutdale·West Linn

Voters' Guide 2025



It's the Branch 82 Election Issue.

Voters' Guide 2025

Vice President

Betty Nash
Joshua Petty
Sallie Williamson

Secretary-Treasurer

Casey English
Matt Pierce

Editor

Suzanne Miller
Wiley Rummel

Health Benefits/ MBA

Representative

Abel Carrejo
Eric Matras

Executive Board At Large

Don Cadwell
Brandon McCabe
Michael Magarro
Janelle Lee
Randall Hoxie
Theresa Dunas
Brittany Thomas
Abe RedCloud

Trustee

Jon Cabral
Jonathon Bakke
Lois Brumfield
Will Arrowsmith
Rico De Vera
William Hume
Cody Harris

Voters' Guide 2025

Hello, Branch 82. We just concluded nominations for Branch 82 officer positions, and we will be having an election for several of them. I was nominated for Branch 82 President and won by acclamation, so I will have the pleasure to serve you as president of this union for another two-year term. Thank you for your confidence in me. I aim to make these next two years ones that will be active and productive while battling the current hostile political climate and the changing post office.

This election, like every election in Branch 82, will be run democratically. That means every single member in good standing will have the right to vote, and every member in good standing will get a ballot in which to vote. With your ballot, you will also receive a self-addressed stamped envelope for you to return it. That's right, our elections are also vote-by-mail!

We will be voting for several important officer positions this year: Vice President, Secretary-Treasurer, Editor, Executive Board At Large (four positions in all), and Trustee (five positions). Also, something new that is happening this election is that we are voting for paid delegates to next year's NALC Biennial National Convention in Los Angeles. All of the delegates you will be voting for are already elected; you are voting on who will have (most of) their travel and per diem paid by the branch. The National Conventions are expensive, and this year we had 43 delegates who were eligible to be paid delegates. We can't afford to take everyone, so we will be voting for the 23 people who will be paid to go. (You will see those 43 names on your ballot.)

I encourage everyone to vote! You may not know all of the candidates, and voting for 23 paid delegates may seem daunting, but I encourage you to do the work, try and learn about the candidates, and take part in the democracy of your union. Not every union runs this way, and not every NALC branch runs every election so democratically as Branch 82. Many branches don't elect their shop stewards. They are appointed by the local president. Here, we want the members to decide who will represent them. Things like democracy or due process rights are not always easy, but those principles are still, in my opinion, the bedrock of our nation, and so it should be in our union. I believe Democracy to be a foundational principle in any labor union. It ensures that members have a voice, decisions are made collectively, and leadership is held accountable. It strengthens a union's legitimacy and effectiveness.

This is one of the more challenging B-Mike issues to put together, and this year, one of the biggest! It is also one of the most important ones. This issue is filled with election ads. In it, you will see an index of the candidates who are running for office. When you are a candidate, the order in which you appear on the ballot is drawn randomly out of a hat. In this issue, our editor Suzanne Miller has tried to stick to that order. It may not be perfect because candidates have submitted different-sized ads. Every candidate has the opportunity to submit a free quarter-page ad in the election issue with the option of paying for a larger ad. The paid officer positions (President, Vice President, and Secretary-Treasurer) get a free full-page ad.

Thank you for reading this, and thank you for taking part in this year's election. It is an important one, and I hope that everyone votes. Read the candidate's election ads. They worked hard to put them together. If, for some reason, you or a member you know don't receive a ballot, please contact Branch 82 for a replacement. Happy union democracy!

David Norton, President

VOTE!

RE-ELECT BETTY NASH

AS BRANCH 82 VICE PRESIDENT



EXPERIENCE MATTERS

Carried mail for 37 years

Shop steward for 25 years

Experience as Branch 82 Vice President

As your Vice President I am processing every grievance that the Branch generates. I sign up new members at Orientation and educate new carriers regarding the contract at Carrier Academy. I am the Formal representative for several Associate Offices, I help run the Branch office, and answer a variety of questions from members and stewards.

The list is long but I do whatever is needed to help the Branch.

I endorse: Casey English for Secretary Treasurer, Suzanne Miller for Editor, Jon Cabral for Trustee, Eric Matras for MBA Rep. and Executive Board members: Randall Hoxie, Janelle Lee and Don Cadwell



B·Mike

JOSHUA PETTY

FOR VICE PRESIDENT



"Upon meeting Joshua you'll find him friendly, kind, straightforward, and you'll appreciate his no nonsense attitude when it comes to violations of the contract. Joshua has the experience and expertise to enforce the contract and hold management accountable. His many years of being a shop steward and Formal A representative in Arizona set him apart and he will be an asset to Branch 82 as Vice President. I fully support him and he has my vote!"

-Paul Brittain, Carrier, Sellwood DCU

"I can say with confidence that Joshua Petty is one of the most reliable and hardworking individuals I've ever known. His strong work ethic is matched by his deep knowledge and expertise, which he generously shares to help others succeed. He brings positivity, collaboration, and integrity to everything he does. I believe these qualities make him not only an excellent teammate, but also the kind of leader who will listen, support, and represent us all effectively."

-Katrina Quezada, Oak Grove

"He brings what we need in leadership right now: genuine care for carriers and what they go through, he's knowledgeable about the contract, and will fight for what's right without backing down."

-Nicholas Mast, Sellwood DCU

endorsed by:

**Build a Fighting
NALC PDX**

My name is Joshua Petty, and I'm honored to be running for Vice President of Branch 82. I bring with me not just years of experience, but a deep commitment to empowering every letter carrier.

I've been with the USPS since 2007. I've served in numerous leadership roles within the union as Union Steward and a Formal A Rep, always focused on one goal: defending our rights, enforcing the contract, and standing shoulder to shoulder with carriers on the workroom floor.

My experience includes:

- 9 years as Health Benefits Officer at Branch 576 (Phoenix)
- LMOU Bargaining Team, 2016
- 6 Years as Trustee for the Arizona State Association of Letter Carriers
- Steward's College Attendant
- NALC Leadership Academy, Class 23 (2018)
- NALC Formal A and Beyond training (2019)
- 5 Regional Rap Sessions attended
- 3 National Conventions attended

In Phoenix, I helped transform Capitol Station from a quiet office, barely filing 27 grievances, into a force that filed 285 grievances in my first year as Steward. I have mentored stewards, held management accountable, and never backed down from a fight to protect our brothers and sisters. I believe education is power and I've spent years learning the contract inside and out so I can share that power with others.

As Vice President, I will:

Be available—in ALL stations, on the phone, and in person. Every member deserves to be heard. Push for education and empowerment, especially for carriers hired in the last 5 years who often don't know their rights or feel comfortable speaking up.

Lead with transparency—proposing monthly reports at general meetings to update members on what's being done on their behalf. Rebuild trust in the union by organizing station visits, peer meetings, and open channels of communication. Work closely with the President and branch leadership to take on real responsibility—supporting stewards, grievance handling, and the dispute resolution process.

I've never been afraid to speak truth to power. I've never been too busy to answer a member's question. And I've never forgotten why we're here: to represent the carriers—not management. I believe Branch 82 is ready for new energy, new voices, and new leadership that listens, leads, and fights alongside the rank-and-file.

I look forward to earning your trust and your vote. Let's build a fighting union—together.

"I've seen Joshua advocating for Carriers on the workroom floor time and again. He is extremely knowledgeable, relentless, and shows up every day ready to fight for your rights."

-J.B Bowen, Creston Station

"In the time that I've been fortunate enough to have worked alongside Joshua Petty at the Oak Grove office, I've been enormously impressed by both his work ethic and dedication to supporting his fellow carriers. He's easy to talk to, brings a wealth of knowledge, and is genuinely dedicated to advancing the needs of all NALC members."

-Shawn Kail, Oak Grove

SALLIE WILLIAMSON

FOR BRANCH 82 VICE PRESIDENT

NALC provides common ground for carriers from all walks of life.



ABOUT SALLIE:

Unionism runs in my family. My uncle was part of the sheet metal workers Union in Montana where I grew up. I knew that given the opportunity to join a Union, I was going to. I have been a member of the NALC since my first day over 19 years ago. The NALC provides common ground for carriers from all walks of life.

I have been a steward in my office for 15 years training new stewards at my office as well as the new supervisors and managers that rotate through. I show up and put in the work managing daily grievances for all carriers in my office, without conflict. I have a strong moral and ethical obligation to the carriers and the Union.

I believe that the Vice President position has been underutilized. All grievances pass across this desk allowing for opportunity to communicate with stewards weekly and/or monthly, creating stronger connections

between officers and carriers. The VP has a responsibility to the Union and the carriers by sharing knowledge and settlement agreements. When Jim Baxter was in office, he sent out a copy of the 8190 to the steward when a decision was reached. Baxter was my mentor at the hall, while Jason Drost, currently at DRT, was my mentor at River District DCU.

I worked in the Union Hall for a year and a half, from October 2018-March 2020, as assistant chief steward. During that time I settled grievances across the city, while filing Formal A grievances as well. I also had the privilege to fill in for the Vice President when he was on vacation. The most rewarding duty at the time was training new stewards throughout the city to make sure that the contract would continue to be successfully upheld. We need to continue to cultivate a Union that communicates on all levels to uphold our current contract into the next.

Thank you for your consideration.



PHONE:
406-370-5841



E-MAIL
SALLIEMW78@YAHOO.COM



B-Mike

Casey English for Secretary-Treasurer

Reliable, Dependable, Proven



Oregon State Secretary-Treasurer

Shop steward at Rose City Park for 8 years

Branch 82 Trustree for 6 years

I'm endorsing:

Betty Nash for Vice President

Suzanne Miller for Editor

Cody Harris, Jon Cabral, and Lois Brumfield for Trustee

Vote Matt Pierce For Secretary-Treasurer

- Proven experience
- Has massively improved and maintained the financial health of the union
- Increased training and training pay
- Increased membership percentages
- Helped maintain scholarship funding
- Instrumental in negotiating LMOUS, contract enforcement, etc.



I've neither sought nor listed endorsements. I think by now all of you know me, and I hope that my work speaks for itself. For most of our current members, I'm the one who sent you a welcome letter and signed your union card. Throughout the years, I have been there, supported this union and its members, and protected the interests of this local. I hope for your continued support. Either way, please encourage every one you know to vote.

Our union is the strongest when it's most democratic.



VOTE Suzanne Miller for B-Mike Editor

Endorsed by:

James Cook, past president & editor
 LC Hansen, past president & editor
 Linda Smith, past vice president, secretary-treasurer & editor
 Jim Falvey, past president
 David Norton, current president
 Abe RedCloud, Oregon State Association President
 Kollin Luman, Tigard Steward
 Lois Brumfield, trustee & past editor
 and many more



I've been a member of Branch 82 since 1988 including four years as President. The B-Mike has never been more interesting and informative than in the last six years. Suzanne has been an excellent editor, and I ask you to join me and vote for her continuing in that position for the next two years .

Jim Falvey, Branch 82 President 2014-2018

The B-Mike needs to remain a fact-based and fair newsletter for all of us. Don't let it become a one-sided, advocacy instrument for one group. Suzanne is doing a good job. Keep the tradition of a fair, fact-based branch paper and vote Suzanne Miller for Editor.

LC Hansen, Branch 82 President 2001-2009

Under Suzanne Miller's leadership, the B-Mike looks better than ever, and it has been nationally recognized as such. Suzanne is heavily involved and works hard at every task she undertakes. She has been a steward, Formal A steward, LMOU negotiator, Judith Hyde chair, LCPF organizer, events planner, expert note-taker, and much, much more. She could take on any job in this union, but her passion is for the newsletter and carrying her route. She does an amazing job. She deserves your vote.

David Norton, Branch 82 President 2018- present

As a member, I rely on the B-Mike for fact-checked, relevant information about letter carrier rights, our branch, and the NALC. A good editor for a union newsletter produces something readable and presentable, with good content and a nice layout. A great editor stays involved with union events and ensures the newsletter content is relevant and engaging, as well as readable and presentable. Suzanne is actively engaged in the union events and issues the B-Mike covers. Suzanne does the work! During the years since she was first elected in 2019, Suzanne has turned a decent union newsletter into an award-winning union publication! Suzanne has not only excelled in her position as B-Mike Editor, she has raised the bar for NALC newsletters during her tenure. I am thankful for Suzanne's dedication to our members and for her editorial talent. I am endorsing Suzanne Miller for B-Mike Editor because she does a fantastic job! Suzanne has proven her dedication to the Letter Carrier Craft, the NALC, the members of Branch 82, and the responsibilities of B-Mike Editor. VOTE MILLER!

Kollin Luman, Tigard Steward



WILEY RUMMEL

FOR
B-MIKE EDITOR
endorsed by:
**BUILD A FIGHTING
NALC PDX**



I'm Wiley Rummel and I want to be your next B-Mike editor. I have been a member of Branch 82 since 2020, working in both Beaverton and Portland. I graduated with a degree in English Literature from the University of Kansas, where I also contributed to the university newspaper *The Daily Kansan*. My vision for the B-Mike is a publication that is easy for letter carriers to read and get the information they need. Articles will be succinct, leaving more room for submissions for branch members and educational content. Vote for me and together, we can start changing the culture at Branch 82 for the better.



Endorsed by:
**Jamie Partridge, retiree
B-Mike editor 2008-2010**

Endorsed by:
**Tom Richardson, retiree
B-Mike editor 2014-2020**

"I am fully aligned with Wiley, who wants to help create more transparency! He has the education and background to be a strong editor and I firmly believe that he wants to get members more involved and form a bigger union presence, not just for the members who regularly attend meetings but also for those who still need help engaging. As our branch continues to be more organized, we want to turn up our media presence and reach members who don't always have knowledge. Wiley will help us to achieve this. I support Wiley for B-Mike editor! Please join me in voting for him this November."

-Brandon McCabe, Steward Beaverton Main & editor of The Satchel (the Oregon State chapter of NALC's newsletter)

ABEL CARREJO

FOR
NALC HEALTH BENEFITS REPRESENTATIVE

Hi! I am Abel Carrejo. I currently work as a PTF at the Lents Station. I am a little over a year into my USPS career. In this short period of time, I have become comfortable with the role as a mail carrier. Now, I want to take the next step and become a more active member of our local union at Branch 82.

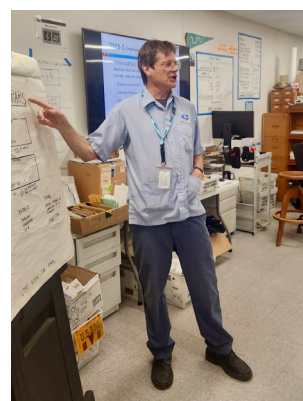
I am asking for your vote to be the next **NALC Health Benefits Representative**. As your representative, I will adopt and exemplify what it means to be in service to others.

As a native Texan, I bring a "git 'er done" attitude and will work tirelessly to get the job done.



endorsed by:
**Build a Fighting
NALC PDX**

Re-Elect Your Award-Winning Health Benefits/MBA Rep Eric Matras



Postal employee since 1999
22-year member of the NALC Health Benefits Plan- raised a family with this insurance
9-time National Training Seminar Graduate
5-time National Convention Delegate
2-time National MBA Committee Chairman
Carrier Academy Facilitator
Rose City Park Carrier
Shop Steward

Vote for Experience*Vote for Matras



Don Cadwell for E-Board



Endorsed by;

Our Branch President

David Norton

Our Vice President

Betty Nash

Our Director of Retirees

Sam Smith

Our Health Benefits Officer

Eric Matras

I hope you will consider voting for my fellow officers who I feel have done an outstanding job for Branch 82 over the last 2 years. I'm endorsing Betty Nash, Matt Pierce, Suzanne Miller, and Eric Matras

I am working to make our Union stronger by being your Branch Safety Officer, Sellwood Steward and OJI. I serve as the Chair of our Oregon, Idaho and Montana District EAP committee. Last year, I was selected to be on our National Emergency Response Team. I received training to go support carriers who have experienced the death of a fellow carrier. I've filed hundreds of grievances –from Art.8s to After Darks to fighting management when they mistreat carriers. But I'm most proud of all the carriers I've trained as an OJI and of working with my fellow Stewards. My work as the Co-Chair of the District Safety Task Force is a constant fight to get us a safer, smarter workplace. In the last few months I was able to get our Portland Safety Captains back to having bi-weekly zoom meetings with our Postmaster in order to get safety on track in Portland. If you have any safety concerns or ideas, or you would like to get more involved, please feel free to contact me.

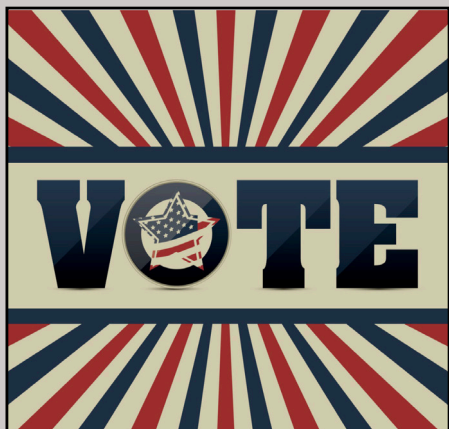
Don Cadwell
cell 971-322-9701
ddcadwell@msn.com

Ballots will be mailed out November 3-5.

If a member has not received their ballot by November 14, please contact the hall at 503.493.5903. (Be sure to call by November 21.)

All ballots must be *mailed* to the union hall and received by Monday, December 8.

The counting of ballots will commence at 6pm on December 8.



ONE VOTE AT A TIME!

VOTE

EXECUTIVE BOARD
2026-2027

BRANDON MCCABE

WE CAN MAKE A DIFFERENCE
NOW, MORE THAN EVER, WE MUST
WORK TOGETHER TO CHANGE THE
FUTURE OF BRANCH 82

VOTE FOR CHANGE!

DECEMBER 2025

Steward since 2017
Attended Steward College
Formal A Nationally Trained

State Officer since 2023
Over 1K Grievances filed
OJI Mentor

Contact: 805-340-6786
e-mail: beavertonshopsteward@aol.com

HELP ME TO CREATE MORE
TRANSPARENCY AND
MEMBER INVOLVEMENT

Every vote matters ☒

I am endorsing the following candidates:
Vice President: Sallie Williamson
Secretary Treasurer: Casey English
EBoard: Theresa Dunas, Brittany Thomas, Michael Magarro
Trustees: Rico De Vera, Cody Harris, Lois Brumfield
B-Mike Editor: Wiley Rummel



MICHAEL MAGARRO

FOR
EXECUTIVE BOARD AT LARGE

endorsed by:

**BUILD A FIGHTING
NALC PDX**

Letter carrier since 1998.

18 years of Steward experience, since 2003.

Thousands of grievances fought and won.

I've served as a trustee, Formal A representative, and organizer, but most importantly, I've been active and visible in the office and parking lot. I believe in teaching by example and leading through trust.

"There are few, if any, union stewards in Portland more knowledgeable about the day-to-day issues that affect us than him."

-Jason Idt, Parkrose

"He remains level-headed under pressure, treating threats or harsh comments with quiet confidence rather than defensiveness."

-Elisabeth Tombel, Rose City

"Michael leads with honesty; which earns respect and builds trust."

-Lam Hoang, Creston

"I couldn't think of anyone else who could more passionately fight for the carriers at that station."

-Wyatt Austin, Lents DCU



B-Mike

RE-ELECT JANELLE LEE FOR EXECUTIVE BOARD



- CURRENT EXECUTIVE BOARD AT LARGE MEMBER.
- ACTIVE CITY LETTER CARRIER FOR 28 YEARS.
- STEWARD/ADVOCATE FOR 22 YEARS.
- FORMER BRANCH 82 TRUSTEE.
- ENDORSED BY BETTY NASH AND LINDA SMITH.

EXPERIENCE, RELIABILITY, HONESTY, READY FOR THE CHALLENGE.



**Vote for two women who get the job done.
Nash & Miller '25**

VOTE

Parkrose Letter Carrier
Randall Hoxie
 for Executive Board At Large

Dedicated, Experienced, Involved

Creston Steward nine years

Creston On the Job Instructor (OJI) nine years

Creston Safety Captain nine years

Portland Safety Task Force eight years

Learning Development and Diversity (LD&D)
 Carrier Academy Facilitator three years

Two terms Executive Board At Large
 (2) Two years each term (4) four years experience

Ability to endure: I spent the first seven years of my career as a non-career employee- Casual Flexible, Traditional Employee (TE) and City Carrier Assistant (CCA).

Self-motivated: I attend all NALC Branch #82 General Membership Union meetings and Steward Council meetings- incentives unnecessary.

Experienced Contract Enforcer: I was instrumental in creating the increased remedy for Opting Violations from 50% to 100%.

Dedicated: I've been representing carriers for years.

Endorsed by President David Norton

Dedicated, Experienced, Involved
Vote for Randall Hoxie for E-board



THERESA DUNAS

FOR
EXECUTIVE BOARD AT LARGE

"I am endorsing Theresa Dunas as your next Executive Board representative. I have known her as a carrier and steward since 2016. She is honest and works hard whether as a letter carrier or steward and I believe she will do the same as your next executive board representative."

-John Kunz, Steward Park Rose

"I had the privilege of working with Theresa at East Portland, and I know she's exactly the kind of leader we need. Intelligent, logical, and never afraid to stand up for what's right, she has always shown a strong commitment to her coworkers and the union. I trust she will bring that same dedication to the e-board."

-Tyler Hall, Rose City Park

"I have had the privilege of working with Theresa Dunas on the State Executive Board and I have seen the compassion and drive she has to stand up for her brothers and sisters. She will bring new ideas to her local branches board, paving a way for everyone to be heard while creating the stronger NALC we deserve."

-Tiffany Miller, Oregon State Association of Letter Carriers Executive Board

"Having known Theresa for the better part of a decade, I can affirm her undying tenacity and unswerving sense of fairness as a steward, support for womens' voices, and her commitment to education and mentorship of others. I hope you'll join me in advocating for a new and deeply needed fighting era for our local NALC branch."

-Benjamin Emerson, East Portland



endorsed by:

**Build a Fighting
NALC PDX**

My name is Theresa Dunas, and I am running for Executive Board. I began my career with USPS in 2016 where I started at Creston Station as a CCA. I became a Steward in 2018 and have served in that role at two different stations, including my current station East Portland. I also serve on the E-Board for the Oregon State Association of Letter Carriers. In addition I have helped to organize and speak at local contract campaigns and rallies.

This experience has given me a broad skill set including the ability to work well with others in order to make swift and effective decisions. I am a strong communicator who understands that active listening is just as important as speaking out.

I believe my greatest strength is that, as a letter carrier, I am able to engage with carriers on the workroom floor every day. This gives me direct insight into the issues they face on a daily basis. I feel strongly about democracy and will always make decisions with letter carriers best interest in mind. I will always respond honestly and promptly to questions asked of me and make sure that the voices of the membership are heard.

I think it's time for change and with your vote we can build a strong union together.

"Holding an extensive knowledge of policy, while brandishing a precise and eloquent communication style, Theresa is a leader that I always trust will stand up for my rights."

-Fay Bauder, East Portland

BRITTANY THOMAS

FOR
EXECUTIVE BOARD AT LARGE

"Brittany has always been the kind of steward who shows up for carriers when it counts. She listens first, acts decisively, and treats everyone with respect; that kind of leadership makes a difference. Brittany's not just a strong steward, she builds trust. She helps unite carriers across stations and reminds us that our strength comes from standing together."

- Mitchell Tucker, Lents DCU

"Brittany is dedicated to her craft and to her siblings of our union. I have seen her fight for me and for everybody at Lents as a steward, and she is never afraid to speak her mind. If she sees any wrongdoing, she will address it no matter the situation. She's knowledgeable about the contract and teaches me as well as other carriers about our rights. I know she will be an exceptional executive board representative and continue to fight for our siblings at Branch 82 and beyond."

- Chris Quindoy, Rose City Park



endorsed by:

**Build a Fighting
NALC PDX**

My name is Brittany Thomas, and I have been a letter carrier at Lents DCU since I was hired as a PTF in August of 2023 - serving as a main steward there since January 2025.

After I began attending local meetings in early 2024, I realized that our union was in dire need of more member participation and a more diverse range of perspectives. It wasn't long before I found myself helping to lead the Vote No movement, speaking at rallies, and working with other members of the rank-and-file to bring hybrid meetings to Branch 82. I believe that participation of every single one of our members is valuable, and that it is a leader's job to help everyone find a place at the table.

Over 50% of our current membership has been hired in the last 5 years, just as I was. Given that I am the only person in this category running for the executive board, I hope to represent different perspectives, experiences, and ambitions for our union, challenging the status quo when necessary.

I am running for e-board for the same reason I became a steward - I see the need, and I'm not going to take a chance on whether or not carriers receive the representation they deserve. If elected, I promise to serve with integrity, curiosity, determination, and perseverance.

VOTE ABE REDCLOUD FOR EXECUTIVE BOARD!



I stand on the front lines to fight for Letter Carriers!



Full Time Letter Carrier to understand and know what the current issues on the work room floor are.



Hello Bothers and Sisters of Branch 82! I am asking for your vote so that I can help to continue to make Branch 82 stronger and all of our members more knowledgeable and organized!

I am a **STRONG** believer in Solidarity with ALL of my Sisters and Brothers in the entirety of the NALC no matter what your views are, because all voices and thoughts should come together to help make the best decisions and bring forth the best ideas! So, I consider myself to be a part of all factions, groups and affiliates within the NALC as we need each and every one of us to be the strongest we can be!

The current positions I hold in order to help me be a strong helper for Branch 82 is Oregon State President (Capitol Hill visits, Steward College coordinator and teacher, Legislative Knowledge and more), Steward (12 years), Executive Board (currently) and MDA coordinator.

I come into every decision and discussion with an open mind and will always be myself and voice my opinion when it is needed. I believe we have a lot of work ahead of us and I am 100% in it to win it for the NALC! So please vote for me and let me help Branch 82 be the best it can be!

*Solidarity
And
Unionism
Forever!!*



As your State President, I travel to Washington DC to speak to our leaders on Capitol Hill. I bring them knowledge to help pass our bills and I bring back knowledge for us to continue the fight!



B·Mike

ELECT JON CABRAL

AS BRANCH 82 TRUSTEE



The job of a trustee is an important role in serving our Branch. They maintain an accurate list of property that we own, examine the monthly expenditures, and audit all of our books. You can count on my years of experience and service to the NALC and the USPS to help make the decisions that keep our Union strong and in good financial health.

My experience serving the Branch and the NALC:

NALC Branch 82

Chief Steward for 4 years 2022-Present
Recording Secretary for 4 years 2021-2025
Executive Board Member at Large for 2 years 2020-2021
Served as Acting Vice President in 2021
Main Steward at Parkrose for 5 years 2017-2021

NALC Region 2

National Assigned Assistant (NAA)
Arbitration Technical Assistant
Formal A Steward

NALC National

National Assigned Assistant (NAA):
Consolidated Casing

I endorse: Betty Nash for Vice President, Casey English for Secretary Treasurer, and Suzanne Miller for Editor

Jonathan Bakke – Board of Trustees

Our branch should improve reporting so each of us can quickly see how our dues are spent. I would also like more transparency for expenses like travel and training, so we know when we're getting our money's worth.

As a trustee, I could help make that happen.

I've been a steward for one year at Lents DCU and a carrier for about four. Yeah, I'm new. Before, I wrote business plans, simplifying complex finances and showing ideas visually. I studied accounting while at Notre Dame Law School, enabling me to perform meaningful audits. I can explain our finances better – so you can make informed choices when voting to shape our common future.

Re-Elect Lois Brumfield for Trustee



- Trustworthy
- Dedicated

- Experienced
- Reliable

I have been a member for 27 years and have proudly served Branch 82 as a Steward, OJI, Academy Instructor, B-Mike Editor and Trustee.

 Lois Brumfield for Trustee

WILL ARROWSMITH

FOR BOARD OF TRUSTEES

"In the 5 years I've known him Will has consistently shown me that he cares about letter carriers and enjoys learning about The Rules. I heartily endorse him for Trustee of Branch 82."

Addam Goard
Carrier Technician
Parkrose Station



endorsed by:

**Build a Fighting
NALC PDX**

"Will is a sharp, intelligent individual more than capable of doing anything he puts his mind to."

Keith Hooker
Carrier Technician
Parkrose

"Will is exactly the kind of person you'd want in a leadership position: he knows the struggles of new carriers and has become a great one himself, he believes in the right way to do things, and he's passionate about education and protection."

Liam Grosshauser
Carrier Technician
Southwest DCU



B-Mike

RICO DE VERA

FOR
BOARD OF TRUSTEES

"Rico's the kind of carrier who's always got your back on the floor, the first to help a new hire, shares tips, or step in when someone's struggling. He doesn't just talk about solidarity; he lives it every day. Whether it's guiding a PTF through their first route or standing up for what's right, Rico's support comes from the heart. While Parkrose may have lost a great brother on the floor, our union is gaining a true advocate who never stops looking out for the carrier beside him.

That's why I'm proud to stand behind Rico for Trustee, a carrier who's proven his heart, his honesty, and his commitment to many of us!"

Brother Sarraj Abdellah, T6 Carrier at Parkrose



"I've worked with Rico on and off for years in different industries. He's always making work better for everyone, both with a laugh and by fighting for better conditions. I felt camaraderie with Rico before we even got to know each other. He's very helpful and nonjudgemental—he saw me eat fried chicken once and we're still friends.

Rico shows up for his letter carriers. He goes to all the rallies and the protests ready to support his own. I would trust Rico with my own money, so I trust him with my union's money."

Sister Olivia Breting, T6 Carrier at Piedmont

endorsed by:

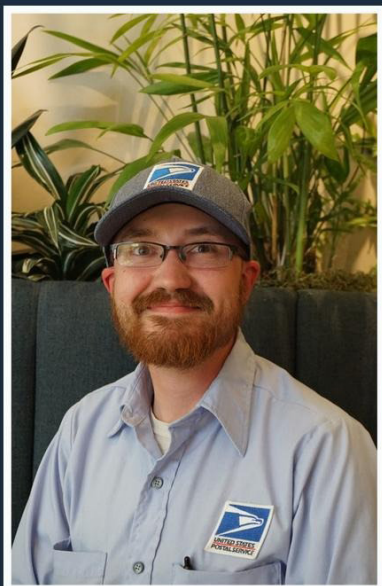
**Build a Fighting
NALC PDX**

WILL HUME

FOR
BOARD OF TRUSTEES

endorsed by:

**BUILD A FIGHTING
NALC-PDX**



Starting as a PTF at Parkrose station in 2023, William has already gained experience serving as an alternate steward and is currently stationed at East Portland. William has served in a managerial capacity in various industries including the entertainment industry and property management. His wide range of skills and experiences partnered with his vigorous attention to detail will be assets to serve the branch membership.

"I've been working alongside William and think that he would be great as a trustee. He's very knowledgeable and shares his knowledge generously. He would be great in any position he's interested in because he's a hard worker with an excellent attitude and a great asset to have around. I will proudly endorse him for any position he's interested in."

- Jose Rodriguez, Carrier at East Portland



Because We All Have to Play By the Same Rules

**A Shop Steward
You Can Trust
For Your Games
&
Your Branch**

Cody Harris

**For
Trustee of Branch 82**



Thanksgiving

- Bruce Hall, Veterans Representative

Thanksgiving is on November 27, 2025. We often talk about thanking veterans for what they have done and for what they are doing. I would like to include veterans in the act of being thankful. Everyone should be thankful for many things:

Freedom-- We should thank veterans for providing our freedom through their great sacrifices.

Families--We should be thankful for our great heritage and the benefits of having those who will love and support us.

Faith--We should be thankful for being allowed to practice our beliefs in greater powers, for we know that there is a need for assistance from powers greater than our mortal selves.

Friends--We should be thankful for our network of friends who give us additional love, support, and fellowship.

Fairness--We should be thankful that we live in a country that provides the provisions for all to be treated fairly. Unions were created to assist in this process.

Food--We should be thankful for a country that has an abundance of food, plus we have programs to assist those who lack food. We can show thanks by sharing.

Fun--We should be thankful for all the things provided for us to enjoy life. We should be thankful for things to do, places to go, and sights to see in our great country.

Future--We should be thankful for the future that we have in our great country. But we need to also remember that the future depends on us and we can affect our future by the decisions we make, the things we do, and the plans we make.

So let's all **BE THANKFUL** for all these things and remember that many of these things are possible because of the freedom provided by veterans.

Remember Veterans on Veterans Day, November 11, 2025.

THE PORTLAND VETERANS DAY PARADE has been cancelled this year due to lack of sponsorship; but hopefully will return next year. You might find services at local cemeteries and military organizations in your communities.

I encourage you to remember the veterans that you know and thank them for their service. Veterans can find several businesses and restaurants that offer specials and discounts on Veterans Day. Check out www.military.com and click on dining discounts.

Enjoy the day as we honor veterans.
HAVE A GOOD VETERANS DAY!!



B-Mike

MDA Report

- Abe RedCloud, MDA Rep

Hello, my Sisters and Brothers of Branch 82! I'm just writing to give you a quick update on our Fill The Satchel event. By the time you get this, the event will be over, but at least you will get to know a little before the final results in the December B-Mike.

Current totals for this year's event mid-month = \$3,000

They did break a landmark amount for what they have raised over all the years doing this event with us, though! They have raised \$100,114 for MDA through this event since they have been doing it!! That is AMAZING!!! Please thank someone at the NW Priority Credit Union if you go into a branch.

Well, that's it for now. Short and sweet. Next month, I will have the totals from the Fill the Satchel event and the raffle at Regional Assembly. Until then, I hope all of you have a wonderful and loving Thanksgiving with your loved ones!

In Solidarity and Unionism,
Abe RedCloud



Open Season is Here

- Eric Matras, Health Benefits/ MBA Rep.

GREETINGS AND HAPPY HOLIDAYS to ALL of you hardworking Sisters and Brothers!

Mark your calendars. Open season runs this year from November 10 through December 8.

The Office of Personnel Management (OPM) has released the 2026 Premiums. You can find them by going to opm.gov. If you are not a member of NALC and are interested in enrolling in our Plan, the portal can be found at health-benefits.opm.gov. Brace yourselves for rate increases across the board.

The NALC 2026 premiums are now published and available. Visit our website at nalcbbp.org. You can contact the Plan for verification or questions by calling 888-636-NALC (6252). You can also register for our Member Access Portal and chat with an agent online.

As many of you may remember, the Portland RP&DC (main headquarters) has often hosted an annual Health Fair. For many years I requested postal organizers that they extend the hours into the evening so Letter Carriers could attend.

Last year they agreed, and I am happy to announce that again there will be an evening session. The event will be held November 20. As of this writing, the exact hours have not been announced. Most likely it will follow the same format with a morning, noon, and evening session. I'm expecting 8am to 11, 12 to 4pm and 5 to 8pm. I will do my best to get information out to stations via stewards when hours are finalized.

I know choices for health care are very personal financial decisions. The NALC Plan has been there for Letter Carriers since 1950! I chose to join our Plan in 2004 and have been serving as the Branch's Representative since 2007. I made the choice to join our Union Owned and Operated Plan because I would rather put my money back into Our Union and the Labor Movement, NOT Corporate America!

I've Always said, WHY BUY A HEALTH PLAN ANYWHERE ELSE?! NO SIR, I'M STICKING WITH THE UNION, and I hope you will too!

In Solidarity,
Eric Matras

NEWS

October 10, 2025

2026 Premiums

PSHB High Option Premiums

	Enrollment Codes	Biweekly Employees Pay	Monthly Annuitants Pay
Self Only PSHB High Option	77A	\$121.14	\$262.47
Self Plus One PSHB High Option	77C	\$293.31	\$635.51
Self and Family PSHB High Option	77B	\$267.42	\$579.41

*Premiums listed above exclude the employer portion. CCA's eligible for participation in PSHB, must pay the total cost of the premium as there is no Postal Service contribution.

PSHB CDHP Premiums

	Enrollment Codes	Biweekly Employees Pay	Monthly Annuitants Pay
Self Only PSHB CDHP	77D	\$ 67.11	\$145.40
Self Plus One PSHB CDHP	77F	\$152.63	\$330.69
Self and Family PSHB CDHP	77E	\$165.21	\$357.96

*Premiums listed above exclude the employer portion. CCA's eligible for participation in PSHB, must pay the total cost of the premium as there is no Postal Service contribution.



Thanks and Giving

Betty Nash, Vice President

This issue of the B-Mike will be getting to you right before the Thanksgiving Holiday. It is my favorite holiday, mainly because for me it means spending time with my family and giving thanks to my family. I am grateful for the big and little things that my family has given me.

My family is my husband, daughters, and grandchildren. I also have a huge extended family that I love very much. Our Thanksgiving is very literal, because we share our appreciation for each other and our goals for the future. It's so nice to take the time to listen to each other. We should do it more often. Unfortunately, we all have such busy lives that we often forget to stop and talk to each other. It shouldn't take a holiday to remind us of this important connection.

Each of us determines how we view family. Your family might be a group of friends that have grown to be close and share each other's ups and downs. It doesn't need to be biological. You have chosen them; they are your people. They are just as important and need to be valued.

We often have more than one family. I know that on Sundays, my husband will be watching football all day and often on the phone with his football buddies. Discussing the Rams' chances of making it to the Super Bowl again and which players need to be traded to make the team better. He also makes sure to take the time to call our daughter and gloat play-by-play when the Rams beat her team, the Baltimore Ravens, talking smack back and forth, but all in good fun. This would be his football family, and sometimes the families overlap.

We also have our Postal Family, our case-mates who work next to us. We touch base with them every morning, discuss the day's volume, coverages, parcel volume, and what the day is going to be like. The fellow carriers that we go to break with and share our life events with- it could be what's happening in politics, our kids' grades, the mortgage rates, or the new supervisor. Even though it's only a ten-minute break, it's a ten-minute break over weeks, months, and years. How many times do carriers have a "work wife or a work husband"? I know that my friend Tom used to say that I was his "sister from another mister," and I would say "that he was my brother from another mother." We were very close. We talked, laughed, and argued about everything. On rare occasions, we would have serious disagreements and be mad at each other for a few days. Our friends would say Tom and Betty are fighting, just like an old married couple, but we always had each other's back- no way was someone going to pick on Tom without me sticking my nose in it or vice versa. We would work it out. Because we were family.

The Postal Family is also our Branch. The goal of the union is to protect letter carriers. We may have disagreements within the branch, which is healthy. Our diversity makes us strong. Different opinions, ideas, and methods are a good thing, but we

can't let them divide us. We just have to work it out because we are family.

There are many more positives than negatives to any family. Some families you are born into, some you choose. This Thanksgiving, listen to each other and share your goals for the future.

To all letter carriers and their families: be safe and show your appreciation for each other. It's important to listen and share with your family. Some families might take more work to maintain, but that just means that it'll be stronger because of the challenges that you face together.

Hey You, Vote!

Matt Pierce, Secretary-Treasurer

Hello again from the desk of your Secretary-Treasurer. I hope and trust that this finds you well. One of the things that I truly love about the NALC is how democratic we are. We vote on our national officers, our contract, as well as all of your local officers. As you can see from reading this, we are currently in an election season for almost all of our local officers. As is required by our bylaws, all eligible members will be mailed a ballot to their last known address. Please ensure that your mailing address with the branch is accurate. Your ballot also includes a postage-paid return envelope.

I hope that everyone will take the time to learn a little about the candidates and actually vote. Honestly, it can be a little disheartening how abysmal the turnout for our NALC elections can be. Always below 50% and in some elections closer to 20%. And election mailings aren't cheap since we prepay postage both ways. As an NALC union member, you have a right, and I think therefore a little bit of a responsibility, to vote. As active officers, while at work, none of us can advise you how to vote, but please talk to your current or former coworkers. You don't have to vote for every position, but there's really no excuse not to vote at all.

If you don't know any of the names, ask around or go to our website, NALCBranch82.org, and look at some past B-Mikes. Many of the candidates will have past articles or mentions in them. As you will see, we are trying something new this year. We are going to be electing paid delegates to the NALC National Convention. This is something we have never tried before, so I apologize if the ballot is confusing or overwhelming. However, as with anything new, I'm sure we'll work out the kinks. Remember, it's ok to just vote for a couple of people.

It really is a great honor to be your Secretary-Treasurer.

Until next time, I remain yours in solidarity,
Matt.



Updates on the ELM 432.32 Arbitration

- Jon Cabral, Chief Steward

We recently received an arbitration award from Arbitrator Lumbley, concerning ELM 432.32 violations. Arbitrator Lumbley awarded affected carriers a total of an additional 100% pay or annual leave credited to their AL balance, at the carriers choice. This award stems from 12 grievances I sent forward, all out of Piedmont Station, in February of 2024, and it took 18 months for them to make their way through Step B, receive a hearing date, go in front of an arbitrator, and await that arbitrators decision. I so terribly wish the process was more swift, and I thank all those who had the patience to wait for the outcome.

What are ELM 432.32 violations? Management violates ELM 432.32 when they work carriers who are not on the Work Assignment or Overtime Desired Lists, more than 11.50 hours over the course of a single day, which includes Part-Time Flexible (PTF) and City Carrier Assistant (CCA) Employees. Section 432.32 of the Employee and Labor Relations Manual (ELM) states:

“432.32 Maximum Hours Allowed

Except as designated in labor agreements for bargaining unit employees or in emergency situations as determined by the postmaster general (or designee), employees may not be required to work more than 12 hours in one service day. In addition, the total hours of daily service, including scheduled workhours, overtime, and mealtime, may not be extended over a period longer than 12 consecutive hours. Postmasters and exempt employees are excluded from these provisions.”

Management has ignored this section of the ELM for as long as I have been working as a letter carrier, and for much longer than that. It is important to note that there is no default remedy for when management commits this type of infraction. It was only over time that we were able to establish a remedy to pay those affected carriers an additional 50% of their base rate, for the amount of hours they were worked beyond the limitation. Even with the additional 50% remedy, management found little reason to stop committing the violations, as an additional 50% pay does not amount to much in the grand scheme of things.

Across the 12 grievances mentioned above, each representing one week's worth of violations, Piedmont management worked carriers more than 240 hours past the limitations outlined in ELM 432.32. TWO HUNDRED FORTY HOURS. Keep in mind, these were nearly all PTFs, employees in their probation, employees trying to keep a job, employees who are vulnerable. Piedmont management took advantage of all of them. This type of violation never sat well with me, but it became too much, especially since management ignored our requests to provide Piedmont with additional PTFs and vehicles to, at the very least, help relieve some of the excessive overtime that was being worked by those employees. So we stopped settling for the additional 50% and requested an escalated remedy, and of course management did not want to pay it, so the cases went forward.

When trying to remedy any situation, the goal is to always make the affected employee whole, as if the violation had not happened in the first place. Using that logic, I asked myself what would make an employee whole who was forced to work beyond limitations they are never supposed to be worked past, and the answer I found was that they should be credited annual leave. They had their time outside of work stolen from them, and the only way to truly remedy that is to one- give them that time back, and two, ensure that they are paid for it. I also requested that affected carriers- be paid an additional 100% for management continually violating past settlements to no longer work carriers beyond those limits. Although we did not get both, thankfully the arbitrator agreed that the remedy needed to be higher, and decided that a choice between the two, an additional 100% pay or AL, was more than appropriate.

Of course management is less than pleased with this remedy, and they are going to be fighting us on it. We told them if they don't want to pay the money or credit the AL, they can very simply stop working carriers beyond those limitations. But they have not stopped, seemingly don't plan on stopping, and are refusing to pay the remedy for any new violations. We will continue to negotiate and fight for what's owed to carriers put in these situations, and if you are worked more than 11.50 hours in a single day, please make sure to alert your steward or to call the hall to alert an officer.

Branch 82 Monthly Meetings

General Membership Meeting

second Wednesday, 7:00PM

Retiree Luncheon

third Wednesday, noon

Stewards Council

third Wednesday, 7:00PM

Executive Board

fourth Wednesday, 6:30PM

MCKANNA, BISHOP, JOFFE, LLP

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Representing Oregon Unions and Employees in
Matters of Collective Bargaining and Civil Rights

(Law Firm retained by NALC Branch 82)



NALC Branch 82 Membership Meeting, October 8, 2025

Call to Order: 7:09

Pledge of Allegiance: Bruce Hall

Moment of Silence: Retired/Gold Card Member Roger Vindlund, University

Roll Call of Officers

First Time Members: Eric Wahlstrom - Lents

Reading of the Minutes: Casey English made a motion to dispense with the reading of the minutes and accept them as printed in the B-Mike. Seconded, Richard Shay. Carried.

Communications

Membership Report: Regular: 1180, PTF: 205, CCA: 33, Retiree: 493, Gold Card: 93, Management & Other Crafts: 50, New Members: CCA-6, PTF- 8. Total Membership: 2054. Non-Members: 42, Organized: 96.97% **Retired:** Ryan Whitcome, Waterfront **Canceled:** Miao Wang, Tigard. **Separated:** Heath Jones- PTF, Tigard; Stratford Manning- PTF, Oak Grove; Natalie Miller- CCA, Troutdale; Thomas Ross- PTF, Holladay Park; Matthew Trotter- CCA, Hillsboro; Luka Whelchel- PTF, Multnomah; Sierra Grable- PTF, Rose City Park; Madeline Hall- PTF, Troutdale; Drew Peterson- PTF, Aloha; Matthew Waring- PTF, Holladay Park

Secretary-Treasurer's Report: Cody Harris made a motion to pay the bills. Seconded, English. Carried.

Executive Board Expenditure

Recommendation: Motion: spend up to \$2,000 for chairs, portable dishwasher and benches for out front. Discussion: Rogue Robertson proposed that we amend the recommendation to add an oven, which changed to \$1,000 for running 220 electrical. Amendment accepted. Carried.

Unfinished Business: President Norton explained there are 55 total delegates for the 2026 National Convention in Los Angeles, 43 of whom are paid delegates. He said we do not have enough money to send 43 people paid. E-board recommended to send elected officers plus 15 people who would be voted for on the ballot; Norton said we want to try to do it as democratically as possible. Sec-Treasurer Matt Pierce broke down the expenses: there are 43 paid delegates, 12 unpaid, and \$48,000 set by by-laws. Motion: Wyatt Austin moved to accept the Executive board recommendation to send 10 elected officers and 15 people elected from the delegates list to National

Convention. Seconded: English. Discussion. Brittany Thomas made an amendment to the proposal to include any elected officers equally among the 43 delegates. Seconded: Will Arrowsmith. Discussion. Thomas talked about using rank choice voting. Pierce pointed out issues with the amendment that the sec-treasurer and president must be at the conventions, and ranked choice could be very difficult because ballots must be counted and certified in one day. Thomas amended the amendment to include ranked choice voting. Seconded: Robertson. Vote: amended proposal to take away elected officers and include all paid delegates to vote on- 23 delegates plus president and secretary treasurer. Lois Brumfield pointed out that it would be a hardship to find enough people to count the ballots. Norton said anyone running for office or involved in the election cannot help with counting. Colin Moore called for the question. Seconded: English. Carried. Vote on Amendment to proposal that we separate officers to make it a vote for all delegates other than president and sec-treasurer, ranked choice not included. Carried. Vote on amended motion to vote on 23 paid delegates for national convention. Discussion. Carried. Motion: English made a motion to split the money for state convention to all paid delegates. Seconded: Shay. Carried.

New Business: Officer nominations. Norton recused himself for VP Betty Nash to ask for nominations for president. Don Cadwell nominated Norton for president of Branch 82; he won by acclamation. All other nominations followed. (See voters' guide in this issue.) Norton said all candidates will have an opportunity to speak at the November General Membership meeting.

Jamie Partridge made a motion to endorse the No Kings rally on October 18th- to endorse and bring the banner. Seconded: Arrowsmith. Carried. Partridge made a motion to endorse Sanctuary Status. He said he got a request from a city councilor to have unions endorse making sanctuary status a law rather than a code. Motion to endorse codification of City's sanctuary status into law. Seconded: Austin. Carried.

Thomas made a motion to do ranked choice voting for the paid delegates to the national convention. Seconded: Arrowsmith. Discussion. Motion fails.

Trustee's Financial Report: English said trustees are mostly done with inventory since the move. He welcomed new member Harris who replaced Ryan Mills in the trustee position.

Health Benefits and MBA Report: Eric Matras said the Health Fair will be on Thursday, November 20. Three sessions. Open Season is November 10 through December 8th. He encouraged the membership to join the NALC plan. "Don't go corporate, go union."

Labor Management Report:

Norton spoke on route adjustment reviews in several offices. Beaverton S&DC, Evergreen recently done. There won't be any other route adjustments this year. The Postal Service is still hiring despite the government shutdown. Mgmt wants to go down to one piece of casing equipment in the case, and the branch will fight it. He said that national should be fighting these ideas.

Health and Safety Report: Safety Officer Cadwell spoke about a carrier who got shot in Washington by an Amazon driver. National has sent a response team. He said the carrier is recovering but to keep him in mind. Mgmt continues to watch our seat belt use. He spoke about After Darks and said to prepare with headlamps. Safety captain meetings are every other Friday, 8am.

MDA Report: Abe RedCloud spoke about Fill the Satchel at NW Priority Credit Union. You can donate online if you are already a member.

Veterans Report: Hall said he picked up more boxes of food and took twenty to the air base because they adopted the 142nd wing. The National Guard folks don't get paid in a government shutdown. He reminded us that the Portland Veterans Day Parade is canceled.

Partridge made a motion to extend the meeting by up to 10 minutes. Seconded: English. Carried.

Labor Solidarity Report: Partridge spoke about the Canadian Postal Workers Union and Kaiser nurses and techs. New Seasons' and Starbucks' workers are gearing up to go on strike.

Good of the Association: Calendars are here. Norton thanked Harris for the meal. He said we need people to cook for the next few meetings. Sign up is in the kitchen.

Kitty Award: Nash won \$111. **Jackpot:** \$195 went unclaimed by Matt Van Harpen, Sellwood. **Treasure Chest:** \$300 went unclaimed by Chris Mendoza, Aloha

Adjourned: 9:08



B-Mike

NATIONAL ASSOCIATION OF LETTER CARRIERS
Branch 82
1515 NE 106th Ave
Portland, Oregon 97220



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Next general membership meetings:
November 12, 7 PM
December 10, 7 PM
Dinner served prior to each meeting.
NEW LOCATION: 1515 NE 106th Ave, 97220

THE LETTER CARRIER'S BOOKSHELF

